

## **Research Article**

## Incidence and Predictive Factors of Heart Rhythm Disorders in Acute Coronary Syndrome with ST Segment Elevation

## Hanane ZOUZOU

Professor in Cardiology, Department of Medicine Batna 2 university Algeria

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## Abstract:

**Background:** Heart rhythm disorders in acute coronary syndrome with ST segment elevation are common and may induce hemodynamic instability and sudden death.

Their predictive factors have been the subject of several international studies, as well as their related mortality but their epidemiological data are lacking in Algeria.

**Aims:** The main objective of our study is the determination of the frequency of heart rhythm disorders in acute coronary syndrome with ST segment elevation; we included conduction disorders, ventricular and supra ventricular arrhythmias; the secondary objective was the analysis of their predictive factors, and related mortality.

**Methods and materials:** In this prospective study, conducted in the cardiology department of Hussein Dey hospital (Algiers-Algeria), 467 patients with acute coronary syndrome with elevated ST segment (87 women and 380 men) were enrolled between 28 February 2014 and 16 July 2015. The average age is  $60 \pm 13$  years; at admission, a Holter recorder was attached for continuous ECG monitoring during 48 hours.

Kruskal's ANNOVA or H tests were used for comparison of quantitative variables,  $\chi^2$  test or Fisher's exact test, were used for qualitative variables, all tests were performed with 1<sup>st</sup> species risk of 5%.

**Results:** The frequency of Heart rhythm disorders is 48.6 % (227 patients), CI 95%: [44.1%-53.1%], multivariate analysis identified the following independent predictors: high ST segment elevation above or equal 6 mm, excessive reciprocal ST segment depression above or equal 2 mm, low diastolic blood pressure less than 60 mm Hg, and cardiac troponin elevation above or equal 5 ng/ml.

The risk of mortality expressed by Hazard Ration (HR) is 71, CI95%: [1.1-3572], p = 0.032; low diastolic blood pressure and Blood creatinine above or equal 17 mg/l are the two predictive factors of mortality, identified in our study.

**Conclusion:** Heart rhythm disorders are frequent in acute coronary syndrome with elevated ST segment, their predictive factors according to our study are: high ST segment elevation, excessive reciprocal ST segment depression, low diastolic blood pressure, and cardiac troponin elevation.

Their occurrence increases the risk of in-hospital mortality, and the predictors of this latter are hemodynamic instability and high creatinine level.

# Keywords: Acute Coronary Syndrome, Heart Rhythm Disorders, ST segment elevation, reciprocal ST segment depression, cardiac troponin.

### Introduction

Heart rhythm disorders in acute coronary syndrome with ST segment elevation are common and may induce hemodynamic instability and sudden death.

Several mechanisms are involved in the genesis of rhythm disorders like ischemia, necrosis and reperfusion, also electrolyte disturbances, and autonomic disorders.

According to several studies, their incidence varies between 15 and 31 % [1-7], it depends on several factors namely the type of rhythm disorder included in the study and the management of acute coronary syndrome.

Their predictive factors have been the subject of several international studies, but their epidemiological data are lacking in Algeria.

The main objective of our study is to determine the frequency of heart rhythm disorders in acute coronary syndrome with ST segment elevation, during the first 48 hours of hospitalization, we included conduction disorders, ventricular and supra ventricular arrhythmias; while the secondary objective is the analysis of their predictive factors and related mortality.

## Methods and materials

We prospectively studied a group of 467 consecutive patients (380 men and 87 women; mean age  $60 \pm 13$  years) who presented acute coronary syndrome with ST segment elevation and admitted in cardiology department of Hussein-Dey hospital (Algiers, Algeria), between 28th February 2014 and 16th August 2015.

At emergency department admission, an ECG Holter recorder was attached for continuous ECG monitoring during 48 hours, the 17-leads surface ECG recorded at admission and repeated during hospitalization, Doppler Echocardiography, coronary angiography, and biological assessment were performed in the

#### majority of patients.

The most important rhythm and conduction disorders were identified, we included in the Heart rhythm disorders group, patients with one or several disorders such as: supraventricular arrhythmias, ventricular arrhythmias, conduction disorders. (Table 1)

| Table 1: Heart rhythm disorders considered a | as serious |
|--|------------|
| disorders and included in the group          |            |

| Serious Heart rhythm disorders   | Patients | %        |
|----------------------------------|----------|----------|
|                                  |          | patients |
| Atrial fibrillation              | 28       | 6 %      |
| Atrial flutter                   | 2        | 0.4 %    |
| Ventricular fibrillation         | 27       | 5.8 %    |
| Sustained ventricular            | 17       | 3.6 %    |
| tachycardia                      |          |          |
| Ventricular flutter              | 1        | 0.2 %    |
| Non-sustained ventricular        | 132      | 28.3 %   |
| tachycardia                      |          |          |
| Complete and high grade sino     | 12       | 2.6 %    |
| atrial block                     |          |          |
| High grade atrio ventricular     | 1        | 0.2 %    |
| block                            |          |          |
| Complete atrio ventricular block | 19       | 4 %      |
| Complete left bundle branch      | 8        | 1.7 %    |
| block                            |          |          |
| Complete right bundle branch     | 51       | 10.9 %   |
| block                            |          |          |

Several disorders may exist in the same patient; the group of patients with heart rhythm disorders is compared to the opposite group without those rhythm disorders.

### Statistical analysis

Data are presented as mean  $\pm$  SD, median, or frequency (percentage) where appropriate. Continuous variables were compared using the ANNOVA test, or H Kruskal Wallis test.  $\chi^2$  tests and Fisher's exact test were performed to distinguish differences between categorical variables. Statistical

significance was defined as p < 0.05. In this first step, we used EPI-info version 6.0. A multivariate Binary regression was performed to determine the predictor factors of arrhythmias, and Cox regression was performed to identify the predictor factors of mortality.

The magnitude of the relationship between rhythm disorders and their predictive factors is estimated by the Cramer V coefficient, a coefficient lower than 0.2 is in favor of a weak link, between 0.2 and 0.5: moderate link, greater than 0.5: strong link.

The statistical analysis was performed using SPSS Statistics (release 17).

#### Results

**Incidence:** The characteristics of the 467 patients included in our study are shown in Table 2; two hundred and twenty seven patients had presented serious rhythm disorder at admission or during hospitalization (Figure 1), so its frequency in this present study is 48.6 % (51 patients), CI 95% [44.1%-53.1%].

This group of patients included thirty-six women and one hundred and ninety-one men. The mean age was  $60.10 \pm 12$  years; the extreme age was 28 and 91 years.

Cardiovascular risk factors, clinical characteristics, medical history, treatment and evolution are shown in Table 2.

The Surface ECG had shown, extensive anterior ACS in 88 patients, circumferential in 15 patients, anterior in 18 patients, antero-septal in 4 patients, antero-septo-apical in 4 patients, inferior in 38 patients, infero-basal in 56 patients, right ventricular in 27 patients.

The mean heart rate at admission was  $82 \pm 23$  beats/min, the mean PR interval was  $143 \pm 30$  msec, the mean duration of the QRS complex was  $80.38 \pm 25.4$  msec, the mean amplitude of the ST segment elevation was  $4.7 \pm 2.9$  mm, ST segment elevation  $\geq 5$  mm in 31 patients, the mean amplitude of the ST segment depression was  $1.4 \pm 1.3$  mm, the mean amplitude of the T wave was  $7.2\pm 4$  mm and the mean corrected QT was  $422.5 \pm 45$  msec.

Twenty-four patients had persistence of the segment ST elevation during hospitalization.

| Table 2: Characteristics of the study pat | ients.                     |                               |         |    |
|---|----------------------------|-------------------------------|---------|----|
|   | Patients with Heart rhythm | Patients without Heart Rhythm | P-value |    |
|   | disorders (227)            | disorders (240)               |         |    |
| Mean age                                  | 60.106                     | 60.250                        | 0.901   | NS |
| Females                                   | 36                         | 51                            | 0168    | NS |
| Early consultation (within 6 hours)       | 177/225                    | 166/237                       | 0.044   | S  |
| Hypertension                              | 103/227                    | 106/240                       | 0.865   | NS |
| Diabetes type 1                           | 9/227                      | 5/240                         | 0.357   | NS |
| Diabetes type 2                           | 70/227                     | 72/240                        | 0.923   | NS |
| Diabetes                                  | 79/227                     | 77/240                        | 0.600   | NS |
| Current smoking                           | 121/227                    | 114/240                       | 0.245   | NS |
| Hyperlipidemia                            | 33/226                     | 34/238                        | 0.971   | NS |
| GRACE score $\geq 155$                    | 86/226                     | 81/240                        | 0.488   | NS |

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| Cardiogenic shock                                      | 18/227  | 0/240   | 0.000 | S  |
|--|---------|---------|-------|----|
| Left ventricular heart failure                         | 37/227  | 26/240  | 0.111 | NS |
| Right ventricular heart failure                        | 11/227  | 4/240   | 0.000 | S  |
| Persistence of chest pain                              | 24/227  | 18/416  | 0.000 | S  |
| Persistence of chest pain after                        | 22/205  | 4/201   | 0.000 | S  |
| thrombolysis   |         |         |       |    |
| Mean SBP   | 126.943 | 133.646 | 0.072 | NS |
| Mean DBP   | 74.833  | 80.021  | 0.001 | S  |
| DBP ≤ 60 mmHg  | 52/227  | 30/240  | 0.004 | S  |
| Hospital mortality (first 48 hours)                    | 17/227  | 0/240   | 0.032 | S  |
| Previous myocardial infraction                         | 11/227  | 10/240  | 0.896 | NS |
| Electrocardiogram                                      |         |         |       |    |
| Right ventricular ACS                                  | 27/227  | 15/240  | 0.048 | S  |
| Extensive Anterior ACS                                 | 88/227  | 80/240  | 0.260 | NS |
| Circumferential ACS                                    | 15/227  | 9/240   | 0.234 | NS |
| Anterior ACS   | 18/227  | 26/240  | 0.360 | NS |
| Inferior ACS   | 38/227  | 46/240  | 0.574 | NS |
| Infero basal ACS                                       | 56/227  | 56/240  | 0.818 | NS |
| Heart Rate at admission                                | 82.361  | 82.933  | 0.912 | NS |
| Mean QRS duration                                      | 80.383  | 68.917  | 0.000 | S  |
| QRS duration ≥ 100 msec                                | 55/227  | 9/240   | 0.000 | S  |
| Mean ST segment elevation                              | 4.718   | 3.617   | 0.000 | S  |
| ST segment elevation ≥ 6mm                             | 54/227  | 33/240  | 0.007 | S  |
| Mean ST segment depression                             | 1.396   | 1.146   | 0.037 | S  |
| ST segment depression $\geq 2 \text{ mm}$              | 71/227  | 44/240  | 0.001 | S  |
| Average QTc  | 422.531 | 413.170 | 0.020 | S  |
| QTc interval ≥ 416 msec                                | 115/227 | 95/240  | 0.020 | S  |
| Persistence of ST segment elevation                    | 23/226  | 7/239   | 0.002 | S  |
| Persistence of ST segment elevation after thrombolysis | 21/204  | 6/200   | 0.006 | S  |
| Other associated arrhythmias                           |         |         | I     |    |
| Bursts of PAC  | 82/209  | 76/239  | 0.122 | NS |
| Bursts of PVC  | 139/209 | 66/239  | 0.000 | S  |
| Accelerated idioventricular rhythm                     | 49/209  | 28/239  | 0.001 | S  |
| Polymorphic PVC  | 37/209  | 14/239  | 0.000 | S  |
| R on T phenomenon                                      | 16/209  | 2/239   | 0.000 | S  |
| Medication before ACS                                  |         |         | · · · |    |
| Beta blockers  | 17/226  | 19/240  | 0.988 | NS |
| ARB  | 33/226  | 34/240  | 0.998 | NS |

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| ACE-inhibitor                                 | 12/226                | 23/240                         | 0.115                  | NS     |
|---|-----------------------|--------------------------------|------------------------|--------|
| Lipid-lowering drugs                          | 14/226 19/240         |                                | 0.586                  | NS     |
| Antiplatelet agents                           | 22/226                | 18/240                         | 0.486                  | NS     |
| Treatment at admission                        |                       |                                |                        |        |
| Thrombolysis                                  | 205/227               | 201/240                        | 0.049                  | S      |
| Primary or rescue percutaneous coronary       | 8/161                 | 6/168                          | 0.722                  | NS     |
| intervention                                  |                       |                                |                        |        |
| Beta blockers                                 | 78/227                | 108/240                        | 0.024                  | S      |
| ACE-inhibitor                                 | 109/227               | 152/240                        | 0.001                  | S      |
| Sympathomimetic                               | 15/226                | 0/240                          | 0.000                  | S      |
| Atropine                                      | 18/227                | 4/240                          | 0.002                  | S      |
| Amiodarone                                    | 41/227                | 3/240                          | 0.000                  | S      |
| External electric shock                       | 32/227                | 0/240                          | 0.000                  | S      |
| Temporary pacing                              | 7/227                 | 0/240                          | 0.006                  | S      |
| Echocardiography                              | I                     | I                              | I                      |        |
| Ejection fraction of left ventricle $< 40 \%$ | 32/208                | 31/239                         | 0.551                  | NS     |
| Mean left atrium surface                      | 16.915                | 16.524                         | 0.288                  | NS     |
|   | 11.505                | 10.000                         | 0.070                  | NG     |
| Mean right atrium surface                     | 11.595                | 10.992                         | 0.070                  | NS     |
| Mean Diastolic diameter of left ventricle     | 54.721                | 53.619                         | 0.166                  | NS     |
| Mean Diastolic diameter of right ventricle    | 25.085                | 24.474                         | 0.091                  | NS     |
| Akinetic segment                              | 138/208               | 133/239                        | 0.026                  | S      |
| Thrombus                                      | 7/206                 | 5/236                          | 0.544                  | NS     |
| Coronary angiography                          |                       |                                |                        |        |
| Severe coronary artery lesions                | 51/161                | 51/168                         | 0.889                  | NS     |
| Left main coronary artery severe lesion       | 7/161                 | 5/168                          | 0.711                  | NS     |
| Left anterior descending artery lesion        | 101/161               | 108/168                        | 0.858                  | NS     |
| Left circumflex coronary artery lesion        | 58/161                | 60/168                         | 0.988                  | NS     |
| Right coronary artery lesion                  | 63/161                | 76/168                         | 0.335                  | NS     |
| Two-vessel coronary artery disease            | 62/161                | 66/168                         | 0.975                  | NS     |
| Multi-vessel coronary artery disease          | 25/161                | 36/168                         | 0.216                  | NS     |
| TIMI flow grade 0                             | 31/161                | 34/168                         | 0.931                  | NS     |
| Biology                                       |                       |                                |                        |        |
| Average blood urea g/l                        | 0.392                 | 0.358                          | 0.011                  | S      |
| Blood urea $\geq 0.330$ g/l                   | 119/225               | 102/240                        | 0.031                  | S      |
| Average blood creatinine mg/l                 | 12.596                | 11.151                         | 0.002                  | S      |
| Blood creatinine $\geq 17 \text{ mg/l}$       | 22/213                | 11/239                         | 0.031                  | S      |
| High-Sensitivity Troponin $\geq$ 5 ng/ml      | 90/192                | 69/226                         | 0.000                  | S      |
| ACS: Acute Coronary Syndrome, ACE inh         | ibitors: Angiotensin- | Converting Enzyme inhibitors A | ARB: Angiotensin Rece  | eptor- |
| Blocker, DBP Diastolic Blood Pressure, PA     | C: Premature Auricul  | ar Complexes, PVC: Premature   | Ventricular Complexes, | QTc:   |

Corrected QT interval, SBP: Systolic Blood Pressure.

Treatment at admission and during hospitalization: Metalyse (Tenecteplase) as fibrinolytics treatment were administered in 205 patients (90.3 %),

Aspirin, Clopidogrel and Anticoagulants were administered in 227 patients (100 %), beta blockers in 78 patients (34.36 %), ACE inhibitors in 109 patients (48.01 %), sympathomimetic agents in 15 patients (6.6 %), diuretics in 26 patients (11.45 %), external electric shock in 32 patients (14.09 %), Amiodarone in 41 patients (18.06 %), Magnesium and Potassium supplementation at admission in 131 patients (57.7 %), Insulin in 73 patients (32.15 %), Atropine in 18 patients (7.9 %), temporary pacing in 7 patients (3.08 %).

**Thrombolysis failure:** the persistence of chest pain and ST segment elevation after thrombolysis was observed in 22 patients and persistence of ST segment elevation in 21 patients. **Doppler echocardiography** was performed in 208 patients, the left ventricular fraction less than 40 % was found in 32 patients (15.38%), left ventricular hypertrophy in 59 patients (28.92%), the mean area of the left atrium:  $16.91 \pm 3.96$  cm<sup>2</sup>, the mean area of the right atrium:  $11.6 \pm 2.94$  cm<sup>2</sup>, the mean diastolic diameter of the left ventricle:  $54.72 \pm 6.76$  mm, the mean diastolic diameter of the right ventricle was  $25.08 \pm 3.58$  mm, the systolic pulmonary blood pressure:  $27.49 \pm 7.27$  mm Hg, wall akinesia in 138 patients (66.34%), apical thrombus in 7 patients (3.39%) and significant mitral insufficiency in 18 patients (8.78%).

**Holter ECG** was performed in 209 patients; this exam had participated in the recording of heart rhythm disorders (Figure 1), also showed their character (transient or persistent), and detected associated arrhythmias not included in the heart rhythm disorders group. (Figure 2) (Figure 3)

Bursts of premature atrial complex were detected in 82 patients (39.23 %), bursts of premature ventricular complex in 139 patients (66.5 %), Accelerated idioventricular rhythm in 49 patients (23.44 %), polymorphic premature ventricular complex in 37 patients (17.7 %), R on T phenomenon in 16 patients (7.6 %).



Figure 1: Holter ECG showed non-sustained polymorphic ventricular tachycardia and atrial fibrillation in patient with acute coronary syndrome with ST segment elevation



Figure 2: Holter ECG showed non-sustained ventricular tachycardia in patient with acute coronary syndrome with ST segment elevation



Figure 3: Holter ECG showed interpolated premature ventricular complex with R on T phenomenon in patient with acute coronary syndrome with ST segment elevation Evolution and complications:

persistence of chest pain in 23 patients, ventricular septal perforation in one patient, ischemic stroke in 2 patients, apical aneurysm in one patient, hypotension with vasovagal response in 4 patients.

**Coronary angiography** was performed in 161 patients (70.9 %)), severe coronary artery lesions were found in 51 patients (31.67 %), severe stenosis of the left main coronary artery in 7 patients (4.34 %), left anterior descending artery in 101 patients (62.7 %), circumflex artery in 58 patients (36 %), right coronary artery in 63 patients (39 %), two-vessel coronary artery lesions in 62 patients (38.5 %), Multi-vessel coronary artery lesions in 25 patients (15.5 %), TIMI flow grade 0 in 31 patients (19.25 %).

**Mortality:** seventeen patients died during the first 48 hours of their hospitalization; one patient died 30 min after admission, 2 patients in the first hour, 5 patients before the 6<sup>th</sup> hour, 2 patients before the 12<sup>th</sup> hour, 2 patients between the 12<sup>th</sup> and the 24<sup>th</sup>

#### hour, and 5 patients between $24^{th}$ and $48^{th}$ hour.

**Biology:** the average blood glucose:  $1.6 \pm 0.88$  g/l, average serum potassium  $4 \pm 0.6$  mmol/l, average blood urea:  $0.39 \pm 0.24$  g/l, blood creatinine:  $12.59 \pm 7.56$  mg/l; High-Sensitivity Troponin (hs-Trop) above or equal 5 ng/ml in 90 patients (46.87 %).

#### **Predictive factors**

According to the univariate study, several variables had a statistically significant association with the occurrence of heart rhythm disorders: Early consultation (within 6 hours), cardiogenic shock, right ventricular heart failure, persistence of chest pain, persistence of chest pain after thrombolysis, diastolic blood pressure  $\leq 60 \text{ mm Hg}$ , QRS duration  $\geq 100$ msec, ST segment elevation above or equal 6mm, persistence of ST segment elevation, ST segment depression  $\geq 2 \text{ mm}$ , QTc interval  $\geq$  416 msec, presence of akinetic segment, right acute coronary syndrome, Bursts of premature ventricular complex, accelerated idioventricular rhythm, polymorphic premature ventricular complex, R on T phenomenon, administration of Fibrinolytic agents, less frequent administration of beta blockers, blood urea above or equal 0.330 g/l, blood creatinine above or equal 17 mg/l, High-Sensitivity Troponin above or equal 5 ng/ml. (Table 3)

| Table 3: Univariate study: variables associated with |      |        |         |  |
|--|------|--------|---------|--|
| Heart rhythm disorders                               |      |        |         |  |
| Variables  | RR   | CI 95% | Р       |  |
| Early consultation $(\leq 6)$                        | 1.28 | 1-1.63 | 0.04    |  |
| hour)  |      |        |         |  |
| Cardiogenic shock                                    | 2.15 | 1.95-  | 0.00002 |  |
|  |      | 2.37   |         |  |
| Right ventricular heart                              | 2.11 | 1.92-  | 0.001   |  |
| failure  |      | 2.33   |         |  |
| Persistence of chest pain                            | 1.85 | 1.55-  | 0.0001  |  |
|  |      | 2.22   |         |  |
| Diastolic blood pressure $\leq$                      | 1.40 | 1.15-  | 0.004   |  |
| 60 mm Hg   |      | 1.70   |         |  |
| QRS duration $\geq 100$ msec                         | 2.01 | 1.73-  | 10-8    |  |
|  |      | 2.34   |         |  |
| ST segment elevation $\geq 6$                        | 1.36 | 1.12-  | 0.007   |  |
| mm   |      | 1.66   |         |  |
| Persistence of ST segment                            | 1.64 | 1.32-  | 0.002   |  |
| elevation  |      | 2.05   |         |  |
| Reciprocal ST segment                                | 1.39 | 1.16-  | 0.001   |  |
| depression $\geq 2 \text{ mm}$                       |      | 1.68   |         |  |
| QTc interval $\geq$ 416 msec                         | 1.26 | 1.04-  | 0.02    |  |
|  |      | 1.51   |         |  |
| Akinetic segment                                     | 1.28 | 1.03-  | 0.02    |  |
|  |      | 1.59   |         |  |
| Right acute coronary                                 | 1.37 | 1.07-  | 0.04    |  |
| syndrome   |      | 1.75   |         |  |
| Bursts of premature                                  | 2.35 | 1.89-  | 10-8    |  |
| ventricular complex                                  |      | 2.93   |         |  |
| Accelerated  | 1.48 | 1.20-  | 0.001   |  |
| idioventricular rhythm                               |      | 1.81   |         |  |

| Polymorphic premature       | 1.67 | 1.37- | 0.0001 |
|-----------------------------|------|-------|--------|
| ventricular complex         |      | 2.05  |        |
| R on T phenomenon           | 1.98 | 1.63- | 0.0006 |
|                             |      | 2.40  |        |
| Administration of           | 1.38 | 0.97- | 0.04   |
| Fibrinolytic agents         |      | 1.95  |        |
| Administration of beta      | 0.80 | 0.66- | 0.02   |
| blockers                    |      | 0.98  |        |
| Blood urea $\geq 0.330$ g/l | 1.24 | 1.03- | 0.03   |
|                             |      | 1.50  |        |
| Blood creatinine ≥17 mg/l   | 1.46 | 1.12- | 0.03   |
|                             |      | 1.90  |        |
| High-Sensitivity Troponin   | 1.44 | 1.17- | 0.0008 |
| $\geq$ 5 ng/ml              |      | 1.76  |        |
| Persistence of chest pain   | 1.76 | 1.45- | 0.0006 |
| after thrombolysis          |      | 2.13  |        |
| Persistence of ST segment   | 1.60 | 1.28- | 0.006  |
| elevation after             |      | 2.01  |        |
| thrombolysis                |      |       |        |

But after the multivariate analysis using binary logistic regression, four predictive factors were identified: ST segment elevation above or equal 6 mm, reciprocal ST segment depression above or equal 2 mm, High-Sensitivity Troponin above or equal 5 ng/ml, Diastolic blood pressure less than or equal 60 mmHg (Table 4) (Figure 4)

| Table 4 : Predictive factors of heart rhythm disorders |       |             |       |  |
|--|-------|-------------|-------|--|
| Predictive factors                                     | OR    | CI 95%      | Р     |  |
| ST segment elevation $\geq 6$                          | 1.848 | 1.084-3.150 | 0.024 |  |
| mm   |       |             |       |  |
| Reciprocal ST segment                                  | 1.685 | 1.042-2.725 | 0.033 |  |
| depression $\ge 2 \text{ mm}$                          |       |             |       |  |
| High-Sensitivity Troponin $\geq$                       | 1.663 | 1.089-2.540 | 0.043 |  |
| 5 ng/ml  |       |             |       |  |
| Diastolic blood pressure $\leq$                        | 2.009 | 1.295-3.117 | 0.002 |  |
| 60 mm Hg   |       |             |       |  |



## Figure 4: Predictive factors of Heart rhythm disorders in acute coronary syndrome

The magnitude of the relationship between Heart rhythm disorders and their predictive factors is low; the Cramer V coefficient doesn't exceed 0.2 for the four predictive factors. (Table 5)

| Table 5: Magnitude of the relationship between Heart |             |       |  |
|--|-------------|-------|--|
| rhythm disorders and their predictive factors        |             |       |  |
| Predictive factors of Heart rhythm                   | Cramer V    | Р     |  |
| disorders  | coefficient |       |  |
| ST segment elevation $\ge 6 \text{ mm}$              | 0.129       | 0.005 |  |
| Reciprocal ST segment depression $\geq 2$            | 0.150       | 0.001 |  |
| mm   |             |       |  |
| High-Sensitivity Troponin $\geq$ 5 ng/ml             | 0.137       | 0.003 |  |
| Diastolic blood pressure $\leq 60 \text{ mm Hg}$     | 0.168       | 0.001 |  |

#### Mortality

Hospital mortality (first 48 hours), in the Heart rhythm disorders group is 7.5 % while it is 0 % in the group without Heart rhythm disorders (HR at 71, CI 95% [1.1-3572], p = 0.032. (Figure 5)

Cox regression was used for univariate and multivariate studies of mortality predictors. According to the univariate study, some factors have a statistically significant association with the occurrence of mortality in the Heart Rhythm Disorders group. (Table 6)



Figure 5: Hospital mortality curve (48h) in Heart rhythm disorders group versus group without Heart rhythm disorders

| Table 6: Univariate analysis, Factors related to mortality |
|--|
| in group of Heart Rhythm Disorders                         |

|                     |      | 1        |       |
|---------------------|------|----------|-------|
| Factors             | OR   | CI 95%   | Р     |
| Female gender       | 5.1  | 1.9-13.2 | 0.001 |
| Age $\geq 65$ years | 8.28 | 2.3-28.8 | 0.001 |

| Right heart failure                     | 31.8 | 12-84    | 0.000 |
|---|------|----------|-------|
| Left heart failure                      | 4.9  | 1.8-12.7 | 0.001 |
| Cardiogenic shock                       | 61.6 | 21.8-    | 0.000 |
|   |      | 174.3    |       |
| Right acute coronary                    | 4.4  | 1.6-11.9 | 0.003 |
| syndrome                                |      |          |       |
| Persistence of ST segment               | 28.8 | 9.9-83   | 0.000 |
| elevation after thrombolysis            |      |          |       |
| Persistence of chest pain               | 17.5 | 6.6-46.2 | 0.000 |
| Diastolic blood pressure $\leq$         | 2.8  | 1.03-    | 0.042 |
| 60 mm Hg                                |      | 7.59     |       |
| Systolic blood pressure $\leq$          | 7.5  | 2.8-19.9 | 0.000 |
| 100 mm Hg                               |      |          |       |
| Blood creatinine $\geq 17 \text{ mg/l}$ | 5.8  | 1.9-17.8 | 0.000 |
| GRACE Score > 155                       | 7.58 | 2.1-26.6 | 0.002 |

According to multivariate analysis, low diastolic blood pressure and blood creatinine above or equal to 17 mg/l are identified as predictive factor of mortality in Heart Rhythm Disorders group. (Table 7)

Table 7: Predictive factor of mortality in Heart RhythmDisorders group

| 8 <b>I</b>                              |     |          |      |
|---|-----|----------|------|
| Predictive factor of mortality in       | OR  | CI95%    | Р    |
| Heart Rhythm Disorders group            |     |          |      |
| Low diastolic blood pressure            | 3.5 | 1-10.8   | 0.03 |
| Blood creatinine $\geq 17 \text{ mg/l}$ | 4.3 | 1.3-13.7 | 0.01 |
|   |     |          |      |

The magnitude of the relationship between mortality and low diastolic blood pressure is low but for blood creatinine, the magnitude of the relationship is moderate. (Table 8)

| Table 8: The magnitude of the relationship betweenmortality and its predictive factors |             |       |  |  |  |
|--|-------------|-------|--|--|--|
| Predictive factors of mortality in   | Cramer V    | Р     |  |  |  |
| Heart Rhythm Disorders group   | Coefficient |       |  |  |  |
| Low diastolic blood pressure   | 0.140       | 0.035 |  |  |  |
| Blood creatinine $\geq 17 \text{ mg/l}$  | 0.236       | 0.001 |  |  |  |

#### Discussion

Heart rhythm disorders in acute coronary syndrome with ST segment elevation, represent the most frequent and serious complications, and may occur early after coronary occlusion.

Their mechanisms are complex and multifactorial; several electrophysiological modifications occur just after coronary artery occlusion, and lead to conduction disturbances with several degrees of block in the conduction system, and reentry phenomena, abnormal automaticity, and triggered activity in myocardial tissue.

In acute coronary syndrome, ischemia and reperfusion, cause profound ionic and metabolic changes in intra and extracellular. Ischemia causes alterations of the resting membrane potential and the action potential, these electrophysiological changes, induce arrhythmias by abnormal automaticity or reentry phenomena. [1][2]

Biochemical and metabolic changes in reperfusion depend on the duration of ischemia; the mechanism of reperfusion arrhythmias is mainly the triggered activity. [2]

Myocardial tissue and /or conduction tissue including: sinus

node, atrioventricular node and His Purkinje system may be affected by ischemia and /or reperfusion.

According to several studies conducted before thrombolysis era, the incidence of Heart rhythm disorders varied between 38 % and 76 %. [2]

The incidence of Heart rhythm disorders is 38 % for Rosenbaum and al in1941, 73 % for Imperial and al in 1960, 95 % for Julian and al in 1964, and 76 % for Stock and al in 1967. [2]

This incidence has declined significantly in the reperfusion era, and varies between 15 and 31 % [3-7].

According to Thai Acute Coronary Syndrome Registry, the incidence of Heart rhythm disorders is 29.1 %, whereas GRACE registry reported 15 % [3-4].

The incidence of Heart rhythm disorders in our study was 48.6 % (227 patients), CI 95%: [44.1%-53.1%], the high incidence in our study was probably related to the use of the ECG Holter and recording of asymptomatic and transient disorders.

Several studies reported predictive factors for supra ventricular and ventricular arrhythmias and also for conduction disturbances.

For supraventricular arrhythmias, several predictors have been reported such as age, female sex, history of atrial fibrillation, high heart rate at admission, left ventricular failure, smoking, high GRACE score, low systolic blood pressure, high blood creatinine [8-10].

Several studies have reported smoking, male sex, low heart rate, low serum potassium levels, high blood creatinine, as predictive factors of ventricular arrhythmias [11-12].

According to many studies, predictors of atrioventricular block are age, diabetes, smoking, heart failure, high troponin level, dyslipidemia and severe coronary lesions [4][13].

According to our study four predictive factors were identified: ST segment elevation  $\geq 6$  mm, Reciprocal ST segment depression  $\geq 2$  mm, High-Sensitivity Troponin  $\geq 5$  ng/ml, Diastolic blood pressure  $\leq 60$  mm Hg.

High ST segment elevation and reciprocal ST segment depression reflect the importance of electrophysiological changes and tissue damage.

High level of High-Sensitivity Troponin reflects the presence of cells lysis with extensive tissue lesions.

Low diastolic blood pressure is related to hemodynamic instability with cardiogenic shock.

Several international studies have reported risk of mortality related to Heart rhythm disorders,

Before thrombolytic era, Heart rhythm disorders were associated with high risk of mortality, which related to severe ventricular arrhythmias, left ventricular failure, and cardiogenic shock. [2][14]

The mortality rate reported by Imperial et al (1960) is about 45 %; according to Rosenbaum and Levine (1941), the mortality rate related to arrhythmias is 42 %, this rate is about 36 % in patients with atrial fibrillation and 50 % in patients with ventricular arrhythmias.

Julian et al (1964), reported the mortality rate of 60 %, this rate is about 31 % in patients with atrial fibrillation, 67 % in ventricular tachycardia, 90 % in ventricular fibrillation, 34 % in

atrioventricular block, and 62 % in bundle brunch block.

According to Stock et al (1967), the mortality rate is 51 %, this rate is 41 % in patients with atrial fibrillation, 56 % in ventricular tachycardia, 50 % in ventricular fibrillation, 68 % in atrioventricular block, and 79 % in bundle brunch block.

Currently and after reperfusion era, the mortality rate has significantly decreased; according to Grace Registry the mortality rate is 28.6 % in patients with cardiac arrest, 52 % in patients with ventricular arrhythmias, and 22.7 % in patients with atrioventricular block while it doesn't exceed 1.6 in patients without arrhythmias. [13][15]

According to Thai Acute Coronary Syndrome Registry, the mortality rate is about 50.1 % in patients with cardiac arrest, 48 % in patients with ventricular arrhythmias, and 31 % in patients with atrioventricular block.

According to Swedish registry, the hospital mortality in patients with ventricular arrhythmias is about 16.5 %, this rate is 17.6 % if arrhythmias occur after angioplasty and 11.3 % if arrhythmias occur before angioplasty, while it doesn't exceed 1.5 % in patients without those arrhythmias.[16]

The rate of mortality is also high in patients with new onset atrial fibrillation, according to several studies, the incidence of hospital mortality varied between 8.8 and 14.5%. [8][10][17]

According to another study published in 2000, this incidence of mortality is 25.3 % while it doesn't exceed 16 % in patients without atrial fibrillation. [18]

In our study, the occurrence of Heart rhythm disorders increases the risk of in-hospital mortality (first 48 hours) with HR at 71. The low diastolic blood pressure and high blood creatinine are the predictive factors of mortality; these two factors reflect the hemodynamic instability in patients with Heart Rhythm disorders.

### Conclusion

Heart Rhythm disorders in acute coronary syndrome with ST segment elevation are frequent, their predictive factors according to our study are: high ST segment elevation, high Reciprocal ST segment depression, high hs-Troponin, and low Diastolic blood pressure.

The occurrence of Heart Rhythm disorders increases the risk of in-hospital mortality, related to hemodynamic instability and renal impairment.

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